

Report on Women's Equality Day

Date: 26th August, 2020

26th August, 2020 marked the 100th anniversary of the Women's Equality Day. This day is observed primarily in the US on August 26, to commemorate American women getting the constitutional right to vote. The Nineteenth Amendment to the US Constitution was adopted in 1920. The law prohibits denying citizens, of the United States, the right to vote on the basis of gender. Women's Equality Day was first marked in 1972.

With reference to the Online Awareness Campaign on Fit India was launched on 15th August 2020 by DG, NCC, New Delhi, at Shri Lal Bahadur Shastri College, Gonda, the UP 1/48 Bn NCC, Gonda, extended the concept of equality and the celebration of this day to 14 cadets, along with the female members of the families and friends.

An online session was held on the platform of google meet by CTO/ANO Dr. Pushyamitra Mishra, to apprise the participants about the importance of the health of the girl child, as well as making them aware about the simple methodology which can be adopted to attain mental and health of the girls. The cadets demonstrated various yogic poses, simple breathing and stretching exercises, meditation as well as some even participated in cycling. They took turns to present their performance in the online meet. There was immense enthusiasm and a sense of responsibility in the participants, and showed active participation either in the physical exercises or in the virtual discussions also.



UP 1/48 Bn NCC, Gonda

